

A Trip to my Father's Hometown: Dingla

Getting to Dingla was not easy! It involved our first flight returning back to Kathmandu from half way, me getting on-board an aircraft that resembled a toy plane, clutching my seat during the entire flight, and finally landing on an unpaved (grass and red mud) runway. But it was all worth it at the end. Ever since I landed in Tumlingtar (the regional airport that serves Dingla), I was awed by what Nepal looks beyond Kathmandu. Thoughts about nature, rural life, under-development, and peace never left me.

Far away from my urban lifestyle and even farther away from technology, I felt very uncomfortable at first. As time went by I started to adapt to my surrounding, I felt a peace of mind that is elusive in most modern urban societies. I felt at peace and my mind was not restless—I felt like I was in Shangri-la.

People say travelling is a great experience and a great way of learning. And travelling to Dingla for me was indeed a great experience. After coming back to Kathmandu I miss Dingla sometimes. I miss sleeping on the floor of a hut, listening to the birds sing, waking up at 4AM to get water, bathing in the spring, and walking up and down the hill for almost everything. Everyone should visit places like this once in their lifetime, experiencing such a place is transforming and eye-opening. Imagine going back in time to a place untouched by modernization. Dingla is one such place where time has stood still for decades; a place where your soul will be touched and mind rejuvenated to return to life in the metropolis.

About Dingla

Region: Bojpur District (Eastern part of Nepal)

Nearby: Arun River, Makalu-Barun National Park (North of Dingla)

Interesting Fact: Dingla is the site of the first public school in Nepal



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